

Useful information

Unfortunately some of these events have already happened but it may prove useful to contact them for further information of up and coming events.

Resources for Autism (RfA) PARENT SUPPORT GROUP – COFFEE MORNING –Wednesday 13th November 10:30am till 12:00pm

This is a laid back informal drop in session ran by parents for parents. An opportunity to chill, chat and share experiences or just have a coffee (or tea) break. See attached flyer for full information. Held at the Resources for Autism Offices, BAYC, 581 Pershore Road, Birmingham, B29 7EL @ 10:30am till 12:00pm the second Wednesday of every month.

For further info on the coffee mornings please contact **Kelly** - kelly@resourcesforautism.org.uk

SOME UP COMING SUPPORT GROUPS

- 15th November - SOLIHULL – Parent Carer Forum - Ladies in Red, free drop in - Fri 09:30am · Renewal Solihull Family Centre, Vulcan Road, Solihull, B91 2JY [CLICK HERE](#) for website and contact information
- 26th November – WALSALL - Tuesdays 9:15am till 11:15am at: Rushall Hub, Pelsall Lane, Rushall, WS4 1NL. For more information or to confirm your attendance please text/call 07939 966 379 or email info@hopeautismnetwork.com
- VARIOUS dates/locations - ASD, PDA, ADHD Support Group - Walsall, Wolverhampton and Surrounding Areas walsallwtonparentgroup@gmail.com or [CLICK HERE](#) for full info
- Wed 20 November 7:00-8:30 p m – AWM – **Kings Norton** Next sessions 20th November, 11th December 2019 - Autism West Midlands, Imperial Court, Kings Norton Business Centre, Sovereign Road, Kings Norton, B30 3ES E: amandap@autismwestmidlands.org.uk T: 07881 109 496
- Tuesdays 7-9pm - Collingwood Centre, Collingwood Drive, **great Barr, Birmingham** B43 7NF - We are a support group for parents and cares of children with autism. If you have a child with autism and feel like you need help and support we are here for you. If you are interested or would like to find out more information please call Joanne on 0121 360 1484 or 07832 333 910
- Wed 12 November 1:00-2:00 pm - **SANDWELL** AUTISM GROUP, Single point Community Hub, Albert Street Oldbury B69 4DE. Email: sandwellautismgroup@hotmail.com Mobile: 07949 726 738 (Leave us a message)
- Wed 20 November 7:30-8:30pm **SANDWELL** AUTISM GROUP, Sandwell Adult & Family Learning Service, Tipton College, Alexandra Road DY4 7NR Email: sandwellautismgroup@hotmail.com Mobile: 07949 726 738 (Leave us a message)

3) DISCO INCLUSIVE – WEDNESDAY 13th NOVEMBER – BIRMINGHAM

Our next exciting DiscoInclusive will be on Wednesday, 13 November, from 7 to 10 PM, at the wonderful Edgbaston Palace Hotel, Hagley Road, Edgbaston, B16 9PQ. We promise you another fun packed night, one you'll not want to miss. This is our first year anniversary thirteenth disco and it builds on the amazing bumper turnout we had in September and October. Dressed to impress! Autumn Tingle is the theme. What a glorious treasure chest of colours to choose from. A vibrant splash of colour will add to the seasonal vibe. You'll love this night out! Come along to our first year anniversary dance and help us plan for our Christmas party on 11 December. Come and tell us your ideas. We want to hear them! All that's needed for 13 November are tingling feet that can't resist a dance beat and gear to match the excitement only the coolest of characters bring. Hope you're itching to swing to a wide range of music. Karl is our 'in the groove' DJ on the night.

Follow DiscoInclusive on Facebook by linking to: <https://www.facebook.com/DiscoInclusive/> OR Send us a message by selecting the option on the DiscoInclusive page. Boogie down, ShaRon: 0121 729 8431 and Graham: 0121 565 2875

Warwickshire SENDIAS service invite you to be part of the steering group and help shape the delivery of information, advice and support. ** THIS WEDNESDAY **

We are looking for representatives from parents who have used the service, young people who have used the service, education professionals, health professionals and social care professionals.

The meetings will take place one a term and last for two hours. The meeting will take place at Exhall Grange SEN School where there is free parking. Refreshments will be available. The next meeting will be on Wednesday 13th November 2019, 9.30am

To become a member of the steering group or for more information please email stephanie.dugmore@kids.org.uk

If you do not want to be part of the steering group but would like to give us feedback you can do so by [CLICKING HERE](#)

SASSI MEETING - Tuesday, 19 November 2019 from 7:15-9:00 - A talk by Tina Partridge

Tina Partridge is the new Autism Coordinator, Solihull Specialist Inclusion Support Service - SISS. Come along to learn more about Solihull Specialist Inclusion Support Service. Coleshill Heath Primary School, Chelmsley Wood B37 7PY. All meetings are free and there is no need to book – for more info please [CLICK HERE](#).

WILDBUNCH – FOREST SCHOOL 23 NOVEMBER – Masefield Community Garden 2-4pm

Family Wild Bunch are recommended for children aged 3-8 (younger/older welcome too!) accompanied by a grown up and will contain a mix of site exploration to learn about wildlife, natural crafts, snacks on the fire, games and reviewing time.

Our sessions take place at Masefield community garden in Northfield and have been developed with children on the autistic spectrum in mind. Activities are very hands on and groups will be limited to maximum 10 children. £5 per family.

Family Wild Bunch are run by our experienced Level 3 Forest School practitioners

Booking is essential - email anne@ecobirmingham.com

MIND COVENTRY & WARWICKSHIRE New autism Service for Adults

CW Mind is trialling, for one year, a new Community Adult Autism Support Service (CAASS) in partnership with Springfield Mind and Act for Autism. CAASS aims to help individuals living with autism grow in confidence and better manage their wellbeing. Places are limited.

Nuneaton peer support group info please [CLICK HERE](#) If you are interested in attending, please call 024 7771 4545 or email caass@cwmind.org.uk and leave your name and number and we will confirm if a space is available.

Autism Confident Teens – Birmingham, Kings Norton (Evenings)

11th February 2020 at 6:30 pm - 8:00 pm. Introducing our new evening programme which comprises of a one to one session with an autism specialist at the beginning and end, followed by six weekly group sessions held in a relaxed autism friendly environment.

Ages 13 – 18 years / Meet other autistic teens / Understand more about autism / Recognise & manage anxiety / Understand & manage sensory difficulties / Help navigating the confusing “social world”

Date: Start day – Tuesday 11th February 2020 - Followed by weekly sessions on Tuesday evenings: 25th February, 3rd March, 10th March, 17th March, 24th March Time: 6:30pm – 8:00pm

Location: Autism West Midlands, Imperial Court, Kings Norton Business Centre, Sovereign Road, Kings Norton, B30 3ES

Cost: Free for autistic teenagers living in the Birmingham City Council area.

Booking Information: To book or for more information please contact Amanda or Sue:

E: amandap@autismwestmidlands.org.uk T: 07881 109 496

E: suemorris@autismwestmidlands.org.uk T: 07808 730 519

SIGNPOST INCLUSION – FOOTBALL SPACES – SOLIHULL

We now have some spaces on our Friday football! Fridays (term time only) Hatchford brook youth centre, old lode lane, Solihull sessions are between 4.30-6.45 , Our groups are 5-7's 8+ 11+ . Spaces are mainly due to some of our footballers moving up to Solihull moors club. Let me know if you want to come along and try it out!

EMAIL vickiedawkins@signpostinclusion.org.uk

BIRMINGHAM PARENT CARER FORUM – MEET & GREET

Monday 18 November – 7:00-8:30pm

Tuesday 19 November 12:30-2:30pm

The Pod, 29 Oliver Street, Nechells Birmingham B7 4NX

Please [click here](#) for info and NEED TO CONFIRM PLACE BY FRIDAY 15 NOVEMBER

CHRISTMAS AT THE FARM – SPENCER’S RETREAT COVENTRY – 15 DECEMBER

Spencer's Lane, CV7 7BY Berkswell. Please [CLICK HERE](#) for full info or email enquiries@spencersretreat.com

SENtre – AUTISM & SIBLINGS CLUB BIRMINGHAM – B23 7EY

We passionate about autism! We provide new experience, activities and friends to the children who attend our club. Siblings are also welcome. Open 10am – 3pm set days during the holidays. Please [CLICK HERE](#) for full info or email hello@sentre.club

NAS – AUTISM INSIGHT NEWSLETTER

Please [CLICK HERE](#) to read

NICE - Assessment and diagnosis of autism: what to expect

A quick guide for young people and their families. Please [CLICK HERE](#) for info

AUTISM WEST MIDLANDS – DOWNLOADS

Please [CLICK HERE](#) for some free visual resources

Impact 4 Life – open day, Wednesday 20th November, 11am - 1pm (Aston BIRMINGHAM)

Brand new work-skills training programme with a health and wellbeing focus is launching soon for adults 18+ with a learning disability, autism or mental health condition. The programme will cover: *Work place etiquette *Life skills *Money management *Fitness sessions *Healthy cooking practical sessions *Basic customer service *Mindfulness and confidence *Accredited basic Food Safety and First Aid training. There will also be opportunities for learners to take part in work placements within health and wellbeing services, including smoothie bike hire at events. The programme will run on Wednesdays, 10am – 3pm at a cost of £55 per day.

You (and anyone interested) are warmly invited to come along to the open day to meet Shamala and find out more: Wednesday 20th November, 11-1pm, Saathi House, 49 Bevington Road, Birmingham, B6 6HR

PLEASE [CLICK HERE](#) FOR FLYER or EMAIL info@impact4life.co.uk

NEW dance class – starting Tuesday 12th November, 6 - 7.30pm (Erdington (& Sutton) Birmingham)

Following Emily's very successful class in Sutton Coldfield, she is launching a brand new class at the YMCA Chris Bryant Centre, 300 Reservoir Road B23 6DA in Erdington for adults with a learning disability or any additional needs. This longer session will allow participants to go more in depth and enjoy dancing for longer! £12 per session, do contact Emily for details or to book on: emilydance4u@gmail.com

Dance4U aims to; • adapt choreography (timings/movement) • allow individuals to reflect about how they feel in the moment • offers a safe place to share words/ movement/ imagination. • Supports development of fitness, confidence and autonomy

For more information contact Emily Bollard via Mobile: 07788969193 /
Email: emilydance4u@gmail.com / [CLICK HERE](#) for more info

Also run Wednesday Adults and Saturday Children Classes at The Carpenters Arms, 13A Boldmere Road Sutton Coldfield B73 5UY

NEW media skills workshops – open day Thursday 14th November, 10am – 2 pm (Aston Birmingham)

Creative Corner Productions are launching creative day opportunities for adults with learning disabilities, autism or mental health conditions. The programme gives learners the skills to build a brand, design a logo, create videos and content and use social media safely as a promotional tool.

The workshop will be run by a qualified social worker and trained media professional with a small group in a tailored, accessible style.

The programme will run on Thursdays 9.30am – 3pm at a cost of £60 per day.

Everyone is invited to a drop-in on Thurs 14th November to see the studio space and ask questions: contact hello@breatheinmedia.com to register your interest, or visit <https://mailchi.mp/68f7d1dd8bbb/creativecorner> . [CLICK HERE](#) for flyer

Drama session – register your interest for new North Birmingham session

Jane Mason is a qualified drama teacher and has been running a drama group in Sutton Coldfield with the YMCA's Stepping Up Programme for some time now. The group covers acting, dancing, singing and performing and they produce two shows a year. Jane would love to open up the opportunity to more people and would love to hear from anyone interested in being part of a new session in Erdington or North Birmingham on a Friday, either day time or evening. Please contact her to express an interest: 07767 860177

AUTISM WEST MIDLANDS EVENTS

Please [CLICK HERE](#) for full list, please use the search bar to find your area

SIBLINGS INFO & ADVICE

Siblings like you have a whole mixture of feelings and experiences as part of your family life. Some of these are positive and enjoyable, and some of these can be negative and difficult. This is normal. Read about the different things that affect siblings like you.

Please [CLICK HERE](#)

BIRMINGHAM CARERS HUB – Carers Rights Event – 21 November – BIRMINGHAM

Stirchley Baths Bournville Lane, B30 2JT – 2pm to 5pm – Find out about services in your local area, new carers card, meet our partners, updated service booklet, max cards for day out, speak to advisor about rights and entitlements. [CLICK HERE](#) FOR FLYER or visit birminghamcareshub.org.uk

ART STOP & SOUND BOX - Inclusive Music, Arts and Play Sessions run by Parks for Play - BIRMINGHAM

Uffculme School, B13 Wednesdays 3.15-4.30pm Childcare available to 6pm, Costs:

- £5 per child per session;
- £8 for two children; £10 for three children.
- Childcare to 6pm an extra £10

Concessions available To book places at Art Stop or Sound Box call: 0121 441 4682

email: team@parks4play.org or text: 07882 011295

WATERWORLD – ADDITIONAL NEEDS EVENT – STOKE – 21 DECEMBER

Pre booked tickets only – Autism Friendly. [Click here](#) for full info/ flyer – scroll down to middle of the page or email info@waterworld.co.uk

Alison Tatem
Autism Advisory Practitioner
Communication & Autism Team, Access to Education,
Directorate of Education and Skills
Birmingham City Council.
(working days: Tue, Wed, Thur)

Postal Address: Thornbury Centre, Thornbury Road, Birchfield, Birmingham, West Midlands, B20 3DE.

Office: 0121 303 1792

Mobile: 07825979146

Email: alison_tatem@birmingham.gov.uk

The Communication and Autism Team is an Autism Education Trust training Hub. Visit the Autism Education Trust Website at

<http://accesstoeducation.birmingham.gov.uk/>

Please contact the Heartlands inclusion team if you require further assistance.

heartlandsinclusionteam@e-act.org.uk